**T H E U N I V E R S I T Y O F B R I T I S H C O L U M B I A**

**Measuring Motivation: Evaluation of the Validity of the MORE Scale within the Post-Stroke Population in Canada**

**Letter of Initial Contact**

Researchers of the University of British Columbia are conducting a study to evaluate the consistency and accuracy of the Motivation in stroke patients for rehabilitation scale or MORE Scale. Motivation is what leads people to begin, maintain and complete goal-driven behaviours. Motivation for rehabilitation is important after a stroke as it is a predictor of recovery and functional outcomes. The findings from this study will help healthcare professionals provide more effective stroke rehabilitation programs by identifying, better understanding, and addressing motivation as a possible barrier to positive treatment outcomes.

**What is involved in the study?**

If you decide to participate in this study, you will meet with researchers once via Zoom or phone. We will guide you through a series of questionnaires looking at your:

* Motivation to participate in rehabilitation
* Subjective feelings of motivation
* Depression levels
* Participation in meaningful activities
* Functional performance of activities of daily living

The total estimated time for this study is 60 minutes. There is no cost to participate. During the meetings, breaks may be taken at any time. Further, you are not required to answer any question you do not wish to respond to.

**Who is eligible to participate?**

You are eligible for the study if you are:

* Have experienced a hemorrhagic (i.e., a brain bleed or an artery that bursts) or ischemic (i.e., a blood clot in the brain) stroke
* Have previously participated in or are currently enrolled in a rehabilitation program within the past year
* Have stroke impairments that influences day to day activities
* Can provide informed consent
* Over the age of 19

**Remuneration/Compensation?**

You will receive a $15 giftcard for your participation at the end of the second session.

Please note that your participation is entirely your choice. You may choose to withdraw from the study at any time. Your identity will be kept confidential. There will be no adverse consequences if you decide not to participate.If you are interested in participating or have any questions, please contact Aya Anholt (co-investigator) via email at aanholt@student.ubc.ca or Sarah Cook (co-investigator) via email at cook96@student.ubc.ca.

Sincerely,

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