**T H E U N I V E R S I T Y O F B R I T I S H C O L U M B I A**

Measuring Motivation: Evaluation of the Validity of the MORE Scale within the Post-Stroke Population in Canada.

**Consent Form**

**Principal Investigator:**

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**Co- investigators:**

# Jacob Bosancich, MOT

Research Coordinator

Aya Anholt, Student Occupational Therapist

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**Contact number for study information and questions:**
If you have any questions regarding the research or survey information, please contact the research group at cook96@student.ubc.ca or the Principal Investigator at (250)-807-8505.

**Introduction:**

Researchers at the University of British Columbia are undertaking a study to investigate motivation in rehabilitation amongst those who have previously had a stroke Canada. Motivation is what leads people to begin, maintain and complete goal-driven behaviours. The purpose of this project is to determine how well the MORE scale evaluates motivation in stroke survivors. Motivation for rehabilitation is important after a stroke as it can give us more information about how someone will recover from a stroke and what their abilities may be in the future. is a predictor of recovery and functional outcomes.

Before agreeing to participate in this research project, it is important that you read and understand the following explanation that describes the procedures, benefits and risks of this study.

### Purpose

The purpose of this study is to determine if the MORE scale can measure motivation for rehabilitation in those who have experienced a stroke in Canada.

**Who can participate in this study?**You are invited to participate in this study if you:

* Have experienced a hemorrhagic (i.e., a brain bleed or an artery that bursts) or ischemic (i.e., a blood clot in the brain) stroke
* Are currently in stroke outpatient rehabilitation or have participated in a rehabilitation program within the past year
* Have stroke impairments that influence day to day activities
* Can provide informed consent
* Over the age of 19

**Who should not participate in this study?**

Those who have cognitive or communicative impairments that prevent the ability to give informed consent.

**Your participation is voluntary:**

Your participation is voluntary. You have the right to refuse to participate in this study. If you decide to participate, you may still choose to withdraw from the study at any time without any negative consequences to the medical care, education, or other servicesto which you are entitled or are presently receiving.

This information letter and consent form describes the procedures that are being carried out for research purposes. Please review this document carefully when deciding whether or not you wish to be part of the research and sign the consent form only if you accept being a research participant.

**What does the study involve?**

Your involvement consists of meeting online via Zoom on one occasion and completing a series of questionnaires with a member of our research team. The meeting will take approximately 60 minutes to complete. During the meeting, we will ask questions about your:

* Demographic information (eg. age, sex, level of education)
* Other health conditions
* Motivation to participate in rehabilitation
* Depression and mental health
* Participation in meaningful activities
* Physical functioning

 The researcher may need to tell someone if you talk about harming yourself. If you tell research staff that you are thinking about killing yourself or if you answer “Yes” to questions about having suicidal thoughts, the researcher may ask you more questions about your thoughts. They may give you names and contact information for places you can call for help, or help you to call your doctor, a relative, or therapist. The researcher may also help you to get to a medical facility for your safety.

In this research study, we will be asking you questions about sensitive topics. As researchers, we do not provide mental health services. However, we are giving you a list of resources that you can call if you need help.

You may sign into Zoom using a nickname or alternate name if you prefer. You may also have your camera on or off during this meeting, whichever you prefer. When meeting with a member of our research team, rest breaks may be taken at any time. Also, you do not have to answer any questions you feel uncomfortable answering.

In total, we will enroll ~46 participants into this study. There is no cost to participate. A $15 compensation in the form of a gift card will be provided to participants for their time.

**Study Results:**

The results of this study will be presented to students, faculty and researchers associated with the UBC Master of Occupational Therapy program. We will also publish the results in an online research journal. If you would like to receive a copy of the research results, please provide contact information on the consent form*.* The data may also be used as secondary data for future studies in this area. If made publicly available, all collected data will be made de-identified (meaning it cannot be linked in any way back to your identity). Once data is public, you will be unable to withdraw your data.

**What are the possible risks of participating?**
While this research is very low risk, there may be some questions that may cause emotional responses. You do not have to answer any questions that you do not want to. Also, a list of counselling resources will be provided if required.

**What are the benefits of participating?**
There is likely no direct benefit to you. However, this study may provide you with greater insight on your current level of motivation towards your post-stroke rehabilitation.

**Confidentiality:**
Your confidentiality will be respected. You will be assigned a unique study number as a subject in this study. This number will not include any personal information that could identify you (e.g., it will not include your Personal Health Number, SIN, or your initials, etc.). Only this number will be used on any research-related information collected about you during this study, so that your identity [i.e. your name or any other information that could identify you] as a subject in this study will be kept confidential. Information that contains your identity will remain only with the Principal Investigator and/or designate and will not be linked to information that could identify you.

Your rights to privacy are legally protected by Canadian laws ensure your privacy is respected.

**What if you decide to withdraw your consent to participate?**

You may withdraw from this study at any time without giving reasons. If you choose to enter the study and then decide to withdraw at a later time, the study team will have a discussion with you about what will happen to the information about youalready collected. You have the right to request the destruction of your information collected during the study, or you may choose to leave the study and allow the investigators to keep the information already collected about you until that point.

If you choose to have the data collected about you destroyed, this request will be respected to the extent possible. Please note however that there may be exceptions where the data will not be able to be withdrawn, for example where the data is no longer identifiable (meaning it cannot be linked in any way back to your identity) or where the data has been merged with other data

or made publicly available. If you would like to request the withdrawal of your data, please let a member of the research team know.

**Who can you contact if you have questions about the study**?
If you have any questions about this research study you can contact the Principal Investigator, Dr. Brodie Sakakibara at (250)-807-8505.

**Who can you contact if you have complaints or concerns about the study?**

If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact the Research Participant Complaint Line in the UBC Office of Research Ethics at 604-822-8598 or if long distance e-mail RSIL@ors.ubc.ca or call toll free 1-877-822-8598. The ethics ID is H22-02965.

Measuring Motivation: Correlation between the modified MORE Scale and Body Function, Participation, and Activity within the Post-Stroke Population in Canada

**Principal Investigator:**

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Department of Occupational Science and Occupational Therapy
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**Consent to Participate:**

This is not a contract and I understand that I do not give up any legal rights by signing it. By signing the form I am indicating that:

* I have read and understood the information letter and consent form.
* I have had the opportunity to ask questions and have had satisfactory responses.
* I understand that all the information collected will be kept confidential and that the results will only be used for scientific objectives.
* I understand that my participation in this study is voluntary and I am free to refuse to participate or withdraw at any time without giving any reason.
* I understand I am not waiving any legal rights as a result of signing this consent form.
* I have read this form and I freely consent to participate in this study.
* I have been told that I will receive a dated and signed copy of this form.

**I consent to participate in this study.**

**By completing this questionnaire, you are consenting to participate in this study.**

* **Yes, I would like to be contacted for future studies.**

**If you would like to receive a copy of the findings of this research project please provide contact details in the space provided (e.g. email address):**

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